

啟德飛步跑 KAI TAK RUN

Date: 16th MARCH 2025

3公里同樂組 (2人)

Bib	Name	姓名	Official Time	Chip Time
4001A	Pang Kai Hong	彭榮康	0:24:55	0:24:07
4001B	Chan Kit Lam Ashley	陳潔琳	0:24:56	0:24:07
4002A	Lai Ka Kit		0:28:49	0:27:59
4002B	Yick Sze Man		0:28:47	0:27:58
4003A	CHUNG YEE KEI TIFFANY	鍾苡淇	0:33:49	0:33:00
4003B	HA PO LIN	夏寶蓮	0:33:57	0:33:07
4004A	YIM CHING WONG		0:32:33	0:31:54
4004B	SIU CHING MUI		0:32:33	0:31:54
4005A	Chan Shut kin		0:24:10	0:23:25
4005B	Chan Hayden hin long		0:24:05	0:23:20
4006A	LAI CHUN HON	黎俊漢	0:22:12	0:21:23
4006B	LAI CHAT YAU	黎七有	0:22:13	0:21:23
4007A	Chan Long Kiu Kelvin		0:19:23	0:18:37
4007B	Wong Cheuk Man		0:19:23	0:18:39
4008A	Lee Chi Ho		0:30:20	0:29:48
4008B	Lee Hei Yui		0:30:21	0:29:46
4009A	KANG WENJIANG	康文江	0:24:25	0:23:56
4009B	KANG MIU WAN	康妙蘊	0:24:25	0:23:56
4010A	Lin Yan fang	林燕芳	0:25:32	0:24:54
4010B	wan Ching wai	溫晴慧	0:25:32	0:24:53
4012A	Wan Ming	溫明	0:21:35	0:20:56
4012B	Wan Pui yee	溫貝儀	0:21:37	0:20:58
4015A	TANG WOONKING	鄧煥琮	0:18:35	0:18:30
4015B	LAI KA SING	賴嘉昇	0:15:30	0:15:26
4016A	Ngan Ting Lok	顏定樂	0:14:54	0:14:45
4016B	Ngan Shing Hei	顏承希	0:14:37	0:14:28
4017A	CHAN CHING YIU	陳正堯	0:13:58	0:13:53
4017B	LUI LOK HIN	呂樂軒	0:15:19	0:15:16
4018A	Wong Choi Yuk		0:23:50	0:23:15
4018B	Wong Choi Chun		0:23:50	0:23:15
4019A	Kwan Wing Shing	關永成	0:26:30	0:25:55
4019B	Kwan Sze Yu	關思宇	0:26:33	0:25:58
4020A	Yau Yuk Sim Ada	尤玉嬋	0:19:37	0:19:09
4020B	Yeung Lai Hung	楊麗紅	0:19:37	0:19:09
4021A	Poon Tsz Chung	潘子聰	0:20:18	0:19:44
4021B	Lam Hiu Tung	林曉彤	0:20:17	0:19:44
4023A	Chan Wai lun	陳偉倫	0:27:51	0:27:00
4023B	Chu Wai kok	朱維珪	0:27:52	0:27:00
4024A	Ng Chung Nin	吳仲年	0:17:07	0:16:54
4024B	Ng Cheuk Kiu	吳焯翹	0:15:12	0:14:59
4025A	Chu Jessica		0:19:42	0:19:42
4025B	Ng Elvis		0:15:14	0:15:14
4026A	SIN YIU MING	單耀明	0:32:10	0:31:17
4026B	CHAN LAI YING SHIRLAN	陳麗英	0:32:10	0:31:16
4027A	Ng ka chun	吳家俊	0:16:20	0:15:39
4027B	Ng tsz tung	吳芷桐	0:16:18	0:15:41
4028A	chan bono		0:24:44	0:24:41
4028B	chan hiu yau		0:24:45	0:24:45

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Bib	Name	姓名	Official Time	Chip Time
4029A	liu lit kay	廖烈驥	0:21:40	0:21:38
4030A	TANG KIN MAN	鄧建民	0:28:49	0:28:25
4030B	LEE YIN NGAN JANET	李燕顏	0:29:04	0:28:39
4031A	Yau Yuk Pan	邱鈺斌	0:23:46	0:23:39
4031B	Yau Pan Yuu	邱品叢	0:23:45	0:23:39
4032A	Tsui Shuk Kwan Fion	徐淑君	0:31:23	0:24:38
4032B	Tsang Tsz Yau	曾子柔	0:31:21	0:24:35
4033A	KO KWOK LEUNG DANIEL	高國良	0:22:32	0:21:59
4033B	KO HOI CHEUNG	高凱翔	0:21:39	0:21:05
4034A	LEE KIN CHUNG		0:33:22	0:32:34
4034B	LEE WING YEE SARA		0:28:31	0:27:39
4035A	Au Yui Man	區銳敏	0:13:02	0:12:59
4035B	Chiu Yip Yan	趙業欣	0:12:50	0:12:48
4036A	Ip TW		0:29:09	0:28:17
4036B	Ip M		0:30:39	0:29:44
4037A	Wong Chik Shun Jackson	黃積信	0:22:25	0:22:00
4037B	Chan Ding Yan	陳定欣	0:22:26	0:22:00
4038A	Chau Kai Ho	周啟豪	0:26:35	0:25:50
4038B	Chau Carter	周一如	0:26:30	0:25:45
4039A	To Yat Lun	杜逸倫	0:22:39	0:22:35
4039B	To Sing Yu Marvin	杜昇宇	0:22:40	0:22:36
4040A	Lam Chi Kin		0:16:04	0:16:01
4040B	Lam Wing Hong		0:15:07	0:15:04
4041A	Chan Lai Man Lillian	陳儷文	0:23:16	0:23:11
4041B	To Yuet Yiu Marissa	杜悅瑤	0:23:16	0:23:11
4042A	WONG Fung nung		0:23:20	0:22:38
4042B	Lam Ha LO		0:23:21	0:22:38
4043A	Leung Cho Hin	梁礎軒	0:13:58	0:13:11
4043B	Chan Ching ho	陳政浩	0:13:38	0:12:50
4044A	Tse Chung Wai	謝仲蔚	0:31:41	0:30:37
4044B	Chan Wing Sze	陳穎詩	0:31:35	0:30:23
4045A	Choi Wang Yan Alvin		0:26:52	0:21:48
4045B	Ng Hau Wun Angela		0:26:52	0:21:48
4046A	LIANG Yan		0:28:13	0:27:25
4046B	HU Yaoyan		0:19:00	0:18:12
4047A	NG CHI WANG	吳志宏	0:38:41	0:36:41
4047B	LEUNG YUEN YEE	梁婉怡	0:38:42	0:36:39
4049A	Kwan Sze Ching		0:24:13	0:23:54
4049B	Wong Wing Laam		0:24:37	0:24:18
4050A	Law Wai chi	羅慧慈	0:20:13	0:20:06
4050B	Chi Yik hei	池奕希	0:14:07	0:14:00
4051A	LEE MING HO	李銘濠	0:26:38	0:26:06
4051B	FONG CHOI HA DIDI	方彩霞	0:26:39	0:26:08
4052A	Leung Yuk Kam		0:22:08	0:22:08
4052B	Yau Jake		0:22:08	0:22:08
4053A	Leung Man Fai		0:20:10	0:19:05
4053B	Leung Ho Yin		0:18:51	0:17:46
4054A	LEE MEI SIM	李美禪	0:17:23	0:16:36

啟德飛步跑 KAI TAK RUN

Date: 16th MARCH 2025

3公里同樂組 (2人)

Bib	Name	姓名	Official Time	Chip Time
4054B	FUNG PUI WAI SHELL	馮貝惠	0:28:31	0:27:44
4055A	Leung Ka Yan	梁嘉恩	0:24:46	0:24:33
4055B	Ng Cheuk Lam Jolie	吳綽琳	0:18:31	0:18:18
4056A	CHAU CHING YI	周靖怡	0:21:08	0:19:50
4056B	Ho Hoi Tung Valerie	何鎧彤	0:21:09	0:20:31
4057A	LAU KAN BUN	劉耿彬	0:17:46	0:17:28
4057B	HUI KAR BIK	許家碧	0:17:46	0:17:27
4058A	Kwan Wai Ying	關瑋瑩	0:22:44	0:22:33
4058B	Hui Wai Shun Wilson	許偉舜	0:22:44	0:22:33
4059A	LEE MEI NGOR STELLA	李美娥	0:17:24	0:16:36
4059B	LEE PUI YAN SELINA	李貝恩	0:28:33	0:27:45
4060A	CHU LIN FUNG	朱連峰	0:15:43	0:15:40
4060B	CHU WAI HIN	朱緯軒	0:15:32	0:15:30
4061A	NG Wai Jim	伍偉沾	0:20:20	0:19:32
4062A	chan kin fan	陳健勳	0:16:46	0:16:36
4062B	CHAN PAK HEI ETHAN	陳柏熙	0:17:23	0:17:14
4063A	CHOW Chun Wah		0:20:20	0:19:33
4063B	CHOW Ching Hang		0:20:16	0:19:29
4064A	Cheung Sze Wan	張斯芸	0:19:04	0:18:10
4064B	Lam Hin Shun Thomas	林顯信	0:20:28	0:19:36
4065A	Leung Wai Yin	梁慧賢	0:20:40	0:20:30
4065B	Ng Hok Yiu Jackey	伍學堯	0:20:50	0:20:41
4066A	SIU WAI KONG	蕭偉江	0:28:11	0:27:56
4066B	SIU YUI YIN	蕭睿言	0:28:11	0:27:55
4067A	HO YUEN MAN	何婉雯	0:16:08	0:16:08
4067B	Leung Sin Wa	梁倩華	0:20:39	0:20:37
4069A	Ngan Kimmy		0:20:13	0:19:36
4069B	Cheung May		0:20:13	0:19:36
4070A	Leung E Choy	梁洧彩	0:25:45	0:25:27
4070B	Leung Ka Wing	梁家穎	0:25:45	0:25:27
4071A	Chiu Wang Tat		0:21:25	0:20:54
4071B	Chiu Man Yui		0:21:27	0:20:54
4072A	CHAN SIU KUEN		0:28:29	0:27:38
4072B	TSE MI YIN JOYCE		0:33:22	0:32:30
4073A	Leung Man Hin	梁文騫	0:20:38	0:20:27
4073B	IP Chun kit	葉俊杰	0:17:37	0:17:28
4074A	WONG SIN MEI	黃倩美	0:17:49	0:17:39
4074B	LEE HO YIU	李皓堯	0:28:06	0:27:55
4075A	TIN KA YAN	田嘉欣	0:20:52	0:20:31
4075B	CHONG MAN CHUNG	莊敏進	0:20:10	0:19:46
4076A	CHONG HO LUN	莊浩倫	0:20:24	0:20:01
4076B	CHONG YAU CHUN	莊宥進	0:20:24	0:20:01
4077A	Leung Ka Kit		0:19:17	0:19:15
4077B	Leung Pak Hon		0:17:33	0:17:31
4078A	CHAN KA CHUN	陳嘉俊	0:19:13	0:18:57
4078B	Leung Chi Fung	梁智豐	0:12:49	0:12:33
4079A	Fung Ka Ling	馮嘉靈	0:27:24	0:26:42
4080A	Leung Chi Kit	梁志傑	0:27:22	0:26:39

啟德飛步跑 KAI TAK RUN

Date: 16th MARCH 2025

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Bib	Name	姓名	Official Time	Chip Time
4080B	Leung Hei Wan	梁晞雲	0:27:24	0:26:42
4081A	Ngai Sui Lan	倪瑞蘭	0:27:24	0:26:41
4082A	Wong Shu Keung	黃樹強	0:28:04	0:27:19
4082B	Ho Wai Yin Joie	何惠賢	0:28:04	0:27:18
4083A	HO CHUN YUEN		0:24:24	0:23:51
4083B	CHAN WING HAN		0:24:24	0:23:52
4084A	Chiang ck		0:16:09	0:15:56
4084B	Chiang Jim		0:16:09	0:15:57
4085A	Wong Genie		0:21:19	0:21:14
4085B	Chiu Matthias		0:21:19	0:21:14
4086A	Lau Chi Wai	劉智慧	0:21:05	0:20:50
4086B	Lau Pok Him	劉博謙	0:19:02	0:18:47
4087A	Wong Woon chun	王媛珍	0:30:14	0:29:29
4087B	Mok Cheuk Fai	莫卓徽	0:24:32	0:23:47
4088A	Chan Kwai Pan	陳桂濱	0:16:46	0:16:41
4088B	Chan Ho Fung	陳皓豐	0:16:36	0:16:32
4089A	Chan Yung		0:24:08	0:23:53
4089B	Chan Tsz Ching		0:24:09	0:23:53
4090A	Choy Lok Man		0:32:18	0:32:02
4090B	Chan Tsz Yu		0:32:19	0:32:03
4091A	KO HON HANG	高瀚珩	0:22:41	0:21:50
4091B	KO SIU HANG	高肇鏗	0:22:41	0:21:50
4092A	HUI CHING MAN		0:22:18	0:22:04
4092B	LAU HOI CHING		0:21:05	0:20:51
4093A	TSANG WAI YAN	曾慧欣	0:24:52	0:24:47
4093B	TSANG LONG YIU	曾朗搖	0:24:51	0:24:47
4094A	Cheung Wai wah	張偉華	0:22:15	0:22:04
4094B	Cheung Che lok	張子樂	0:15:38	0:15:28
4095A	NG KA YING		0:18:17	0:17:58
4095B	POON CHI YAN		0:18:16	0:17:55
4096A	Kwok Mei Sum Maxim	郭美森	0:22:29	0:22:17
4096B	Cheung Cyrus Jacob	張崱然	0:22:16	0:22:06
4097A	Chan Wai Wan Vivien	陳慧雲	0:21:37	0:21:03
4097B	He Huiying		0:21:37	0:21:03
4099A	Ko Wai Yan Alicia		0:21:54	0:21:38
4099B	Yip Cheuk Shing		0:21:58	0:21:41
4100A	FONG WILLIAM WING LUN		0:26:23	0:26:03
4100B	CHEUNG YUE TO TOBIAS		0:15:01	0:14:41
4101A	LEUNG TSUI SHUN	梁翠順	0:22:29	0:21:38
4101B	LUI WING YAN	雷穎欣	0:27:05	0:26:13
4102A	Shek YUEN Lam	石遠林	0:25:41	0:25:24
4102B	Ho Tsz PING	何子萍	0:25:40	0:25:22
4103A	LAI Ricky		0:19:37	0:19:32
4103B	Dennis Tin		0:19:38	0:19:34
4104A	Lim Tsz Man		0:26:09	0:25:42
4104B	Lim Yi Nam		0:26:09	0:25:44
4105A	Chau Chi hei		0:23:04	0:22:11
4105B	Yuen wing lam		0:23:03	0:22:10

啟德飛步跑 KAI TAK RUN

Date: 16th MARCH 2025

3公里同樂組 (2人)

Bib	Name	姓名	Official Time	Chip Time
4106A	Cheng Kwok Ming	鄭國明	0:20:04	0:19:58
4106B	Lo Po Yu	羅寶瑜	0:20:05	0:19:58
4107A	Wong Siu Man		0:26:09	0:25:44
4107B	Lim Hei Nam		0:26:09	0:25:46
4108A	CHAN FION		0:22:25	0:21:49
4108B	chan pui yee	陳佩儀	0:22:25	0:21:49
4109A	NGAN KWOK WAI	顏國偉	0:18:11	0:17:57
4109B	NGAN CHEUK FUNG	顏卓峰	0:17:37	0:17:23
4110A	Ho Kin Lun		0:30:37	0:29:36
4110B	Ng Ka Man		0:30:37	0:29:36
4111A	Chan Ching Po		0:26:52	0:26:07
4111B	Chan Ming Fung		0:26:50	0:26:04
4112A	Yip Wing Hoi	葉穎海	1:31:45	0:21:28
4112B	Yip Lewis	葉子峰	1:31:45	0:21:28
4113A	LUI PO MING	雷寶明	0:25:30	0:24:58
4113B	CHIU MUNG LING	趙夢玲	0:25:55	0:25:25
4114A	Tong Chelsea	湯麗嫦	0:24:16	0:24:03
4114B	Padao Clarivel		0:23:59	0:23:47
4115A	LEUNG TSZ SHUN	梁子迅	0:25:13	0:24:49
4115B	NG WING YEE	伍穎宜	0:25:13	0:24:50
4116A	Cheung LOK man	張樂文	0:28:07	0:27:57
4116B	Lau Hon Chuen	劉漢泉	0:17:50	0:17:40
4117A	Yu Pui Ki Phoebe	余珮琪	0:16:31	0:15:52
4117B	KONG Tat Ho	江達豪	0:16:17	0:15:38
4118A	Shen Shaojie		0:23:30	0:22:50
4118B	Shen Yunuo		0:23:31	0:22:51
4119A	Chan Yuen Ki		0:28:17	0:27:41
4119B	Lai Ngoi Ching		0:28:17	0:27:41
4120A	TANG CHI YUEN		0:20:56	0:20:07
4120B	SO YUK PING		0:21:02	0:20:13
4121A	LUK CHI KUEN	陸志權	0:18:01	0:17:40
4121B	Luk Cheuk Him	陸卓謙	0:18:03	0:17:39
4122A	Lau Wai Yan	劉惠恩	0:22:30	0:21:38
4122B	Siu Yim Ping	蕭艷萍	0:22:31	0:21:39
4123A	Cheung Ka Wai		0:25:36	0:24:52
4123B	Kwan Bik Yue		0:25:36	0:24:52
4124A	Chow Wing Kuen		0:16:52	0:16:36
4125A	Wang Xiaodi	王小迪	0:23:30	0:22:51
4125B	Liu Sikang	刘思康	0:23:21	0:22:41
4126A	Tam Hoi Ki	譚皓琪	0:25:04	0:25:00
4126B	Shek Tsz Yeung Ian	石梓暘	0:14:25	0:14:21
4128A	Chu Wai Ki	朱瑋琪	0:27:35	0:26:48
4128B	Ng Ka Yee	吳嘉儀	0:27:29	0:26:40
4129A	Tong Chi	湯志康	0:39:36	0:39:02
4129B	Tong Lai Mui	湯麗梅	0:39:40	0:39:06
4130A	LAM KAI CHI	林啟志	0:25:50	0:25:42
4130B	LAM TING HEI	林亭希	0:13:28	0:13:21
4131A	CHEUNG YEE WAN	張綺雲	0:18:40	0:18:34

啟德飛步跑 KAI TAK RUN

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Bib	Name	姓名	Official Time	Chip Time
4131B	LAM TING SUM	林莚芯	0:25:49	0:25:41
4132A	Chan Mei Hung	陳美紅	0:24:48	0:24:26
4132B	Lai Hei Yau	黎希柔	0:24:48	0:24:30
4133A	Lai Yuk Kong	黎旭光	0:18:41	0:18:23
4133B	Lai Hei Man	黎希敏	0:18:41	0:18:23
4134A	PO CHUN	布珍	0:21:38	0:21:00
4134B	NG PUI YU	吳佩誼	0:21:38	0:21:00
4135A	tsang kin wo	曾健和	0:17:07	0:17:03
4135B	cheung yun ling	張潤玲	0:19:39	0:19:34
4136A	Leung Mo Ching	梁	0:23:07	0:22:31
4136B	Mak Bobo	麥	0:23:07	0:22:31
4137A	Kwan Tim Mei	關添美	0:27:33	0:26:56
4137B	Hui Ling To	許凌滔	0:27:32	0:26:54
4138A	Li Ka lam	李家霖	0:19:06	0:18:28
4138B	Li Chun wing	李津穎	0:19:06	0:18:30
4140A	wong po cu		0:23:06	0:22:18
4140B	cheung wai fong		0:23:08	0:22:19
4141A	zhang hongai	张红爱	0:26:46	0:26:35
4141B	Yu wanyu	余婉瑜	0:26:44	0:26:32
4144A	Yao Jack Hsin Chou		0:22:30	0:21:36
4144B	Yao Olive Grace Xing Ling		0:23:55	0:23:00
4145A	Wong Wai Sze		0:25:16	0:24:20
4145B	Yao Darren Jay Hong Cheng		0:22:05	0:21:10
4146A	Yao Jack Hsin Chou		0:22:30	0:21:35
4146B	Yao August Orion Zong Cheng		0:25:16	0:24:19
4147A	Choi Chun fai	蔡振輝	0:21:08	0:20:59
4147B	Choi Check Nam	蔡焯嵐	0:21:08	0:21:00
4148A	WONG Ka man	黃嘉敏	0:22:31	0:22:22
4148B	Choi Tsin yuet	蔡仟悦	0:22:21	0:22:12
4149A	KONG KWOK WA		0:23:11	0:22:47
4149B	YEUNG WAI LAM		0:23:11	0:22:47
4150A	Leung Yan Yi		0:27:59	0:27:21
4150B	Chiu Pit Chun		0:28:54	0:28:16
4151A	Tang TangWaiYing	鄧	0:33:45	0:33:18
4151B	Tang TangWingYan	鄧	0:33:18	0:32:50
4152A	Ngan Chi Hong		0:25:23	0:25:02
4152B	Ngan Tsz Tsun		0:25:03	0:24:39
6001A	Chung Raymond		0:23:40	0:23:14
6001B	Chung Alvis Hoi Him		0:23:40	0:23:14
6002A	Yeung Man lung	楊文龍	0:23:52	0:23:23
6002B	Yeung Chai yu	楊濟瑜	0:23:33	0:23:03
6003A	FUNG LIK CHIM LOUIS	馮力潛	0:20:28	0:20:15
6003B	YAN YING SHEUNG	殷映嫦	0:20:29	0:20:15
6004A	Leung Charmaine		0:18:52	0:18:45
6004B	Tang Bradley		0:18:39	0:18:32
6006A	Tang Kit Ying	鄧潔瑩	0:28:11	0:27:27
6006B	Au Yeung Siu Ming	歐陽兆明	0:28:12	0:27:28
6008A	Ho Ka Ki	何家麒	0:22:27	0:22:13

啟德飛步跑 KAI TAK RUN

Date: 16th MARCH 2025

3公里同樂組 (2人)

Bib	Name	姓名	Official Time	Chip Time
6008B	Ho Karise Jing Yiu	何靖瑤	0:22:26	0:22:14
6009A	KWONG CHUN WAI	鄺鎮威	0:21:36	0:21:17
6009B	Kwong Yik Kiu	鄺奕僑	0:21:34	0:21:15
6010A	SOU TAT IAN		0:23:22	0:23:22
6010B	SOU YIK FEI		0:23:22	0:23:22
6011A	Chan WING FAI JORDAN	陳永輝	0:15:45	0:15:40
6011B	Mak Yan Nok	麥恩諾	0:14:43	0:14:40
6012A	ZHUANG PO YIN		0:26:00	0:25:41
6012B	WU YOU		0:26:00	0:25:41
6014A	IP KA KEI		0:32:00	0:31:30
6014B	POON CHUN KIT		0:32:01	0:31:30
6015A	Chan Ka leung	陳家樑	0:15:56	0:15:43
6015B	Wong Cho lee	黃祖莉	0:21:34	0:21:22
6016A	AU YEUNG WAI FAN		0:26:24	0:26:00
6016B	AU YEUNG WAI YING		0:26:23	0:26:00
6018A	LAU CHI HUNG	劉志雄	0:27:38	0:27:18
6018B	LAU HOI CHING	劉愷澄	0:27:39	0:27:18
6019A	Ngan Long	顏浪	0:21:44	0:21:34
6019B	Pang Heiyuet	彭晞悅	0:21:44	0:21:35
6020A	Wong Lai Hing	黃麗興	0:15:34	0:15:32
6020B	Wong Cherene	王卓懿	0:15:37	0:15:33
6021A	TAM Hung Yuk	譚紅玉	0:22:59	0:22:48
6021B	LEUNG Kam Choi	梁錦財	0:22:59	0:22:50
6022A	CHOI Wai Man		0:21:59	0:21:43
6022B	CHOI Tsz Yeung Karson		0:21:06	0:20:51
6023A	Lee Zita		0:17:20	0:17:11
6023B	Ng Rady		0:17:20	0:17:12
6024A	Cheung Tat Po	張達寶	0:17:18	0:16:53
6025A	Yap Ching Yuen		0:25:27	0:25:12
6025B	Chan Yin Kam		0:25:27	0:25:12
6026A	Yu Ka man	余嘉敏	0:17:34	0:17:29
6026B	Lo Yui chi	羅睿之	0:17:26	0:17:21
6027A	Lo Kin wah	羅健華	0:19:14	0:19:08
6027B	Lo Ho Kiu	羅可喬	0:19:05	0:18:59
6028A	Lung Chi wai	龍智偉	0:26:41	0:26:26
6028B	TAM Ching yi	譚靜儀	0:26:41	0:26:26
6029A	CHENG YIU CHUN JEANNE	鄭耀瑱	0:22:16	0:21:58
6029B	CHENG KWAN WAI	鄭均唯	0:22:16	0:21:57
6030A	Ho lo hong		0:17:52	0:17:43
6030B	Ho Ye gwan		0:17:52	0:17:43
6031A	Wong Fung Lin	黃鳳蓮	0:22:50	0:22:23
6031B	Chan Yan Yin	陳恩演	0:22:50	0:22:23
6032A	NG FAN YUEN	吳訓元	0:33:32	0:33:27
6032B	LAM KAM LAOU	林金流	0:33:32	0:33:28
6033A	Wong Tak Wa David		0:17:18	0:16:51
6033B	Cheung Yi Fung Niki		0:17:18	0:16:53
6034A	Lam Pik Yue	林碧如	0:23:09	0:22:48
6034B	MA Tsz ni	馬梓妮	0:23:31	0:23:10

啟德飛步跑 KAI TAK RUN

Date: 16th MARCH 2025

3公里同樂組 (2人)

Bib	Name	姓名	Official Time	Chip Time
6035A	Yeung Wai Chi	楊慧芝	0:16:02	0:16:02
6035B	Ma Tsz Mong Zeno	馬梓望	0:15:59	0:15:59
6036A	MA Wai Ming	馬偉明	0:23:29	0:23:07
6036B	MA TSZ KIU	馬梓翹	0:23:10	0:22:48
6037A	AU YEUNG KAM CHUEN	歐陽錦泉	0:18:32	0:18:08
6037B	AU YEUNG YAT SHUN	歐陽溢信	0:18:31	0:18:08
6038A	LEUNG Yiu Kei	梁耀基	0:19:52	0:19:52
6038B	LEUNG Yuet	梁悅	0:19:53	0:19:53
6039A	Yau Benny	邱志強	0:17:46	0:17:38
6039B	Yau Bogdan	邱喆	0:13:40	0:13:32
6040A	Chow Ting Hong	周庭康	0:18:46	0:18:39
6040B	Law Kei Fung	羅旗楓	0:17:55	0:17:49
6041A	Wong Kwok hoi	黃國海	0:19:16	0:19:08
6041B	Wong Pak Yin	黃帕然	0:19:16	0:19:08
6042A	CHAN YUEN FAN	陳苑芬	0:22:15	0:22:15
6042B	CHING TIN NOK	程天樂	0:19:53	0:19:53
6043A	CHEUNG YUK PUI		0:27:48	0:27:41
6043B	WONG SUET YUNG		0:27:47	0:27:40
6044A	TONG Pak Chiu	湯伯朝	0:14:17	0:14:17
6044B	HO Pak Yu	何栢譽	0:14:18	0:14:18
6046A	Ho Man Wai	何文偉	0:21:47	0:21:28
6046B	Ng Siu Fong	吳小芳	0:21:48	0:21:28
6047A	Kong Wai Kit	江偉傑	0:22:47	0:22:44
6047B	Kong Cheuk Fung	江卓鋒	0:22:47	0:22:47
6048A	WONG CHAU HANG	黃秋杏	0:20:08	0:20:01
6048B	NG YAT HIN	吳日軒	0:20:06	0:19:59
6049A	Tran Chun Shing	陳俊成	0:14:25	0:14:20
6049B	Li Yulan	李玉蘭	0:23:44	0:23:40
6051A	Lee Pak Wai		0:25:11	0:24:47
6052A	LAU WAI SZE CHRISTINE		0:24:15	0:24:03
6052B	TSE CHIU YING CHARING		0:23:55	0:23:43
6053A	TSE SHING HIP TERENCE		0:17:06	0:16:54
6053B	TSE TITUS		0:17:05	0:16:54
6055A	CHOU SZE KEE	周思棋	0:23:39	0:23:30
6055B	FUNG YUET WING	馮玥穎	0:23:33	0:23:24
6056A	Wong Wai Man	黃慧敏	0:19:58	0:19:55
6056B	Chan Leong Hang	陳亮恆	0:19:56	0:19:56
6057A	Ng Ping Wing	吳炳榮	0:21:51	0:21:34
6057B	Ng Shiu Yan	吳劭昕	0:22:15	0:21:58
6058A	SO HIU FUNG	蘇曉峯	0:26:38	0:26:22
6058B	LUI PUI KEE	呂珮琪	0:27:45	0:27:29
6059A	Lee Pui Wang	李沛宏	0:17:47	0:17:33
6059B	Lee Chun Yan Adrian	李俊殷	0:17:47	0:17:34
6060A	Tsui Gee Guan Claire	徐子鈞	0:17:48	0:17:48
6060B	Ho Chin Yu Karrisa	何芊諭	0:17:46	0:17:46
6061A	Lam Ka Wai	林嘉惟	0:20:09	0:20:01
6061B	Lam Tze Yau Davis		0:20:00	0:19:53
6062A	Law Yuen Kwan Flora	羅婉筠	0:28:53	0:28:28

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3公里同樂組 (2人)

Bib	Name	姓名	Official Time	Chip Time
6062B	Lee Mei Ping	李美萍	0:20:14	0:19:52
6064A	Chau Man chung		0:21:23	0:21:17
6064B	Fung Cho wing		0:21:23	0:21:17
6065A	Lam Man Kit	林文傑	0:22:25	0:22:21
6065B	Lam Pui Yin	林沛賢	0:21:48	0:21:44
6066A	CHENG KA LOK	鄭家樂	0:19:58	0:19:54
6066B	YU KA MAN	余嘉文	0:19:58	0:19:54
6067A	Chan Pik Yue Fion		0:17:03	0:16:45
6067B	Wong King Hong Tenny		0:19:27	0:19:08
6068A	CHUNG WAN HON		0:21:12	0:20:50
6068B	CHUNG CHING HEI BELVA		0:21:12	0:20:51
6069A	Cheung Patrick		0:30:08	0:29:51
6069B	Cheung Owen Hui Shun		0:30:09	0:29:52
6070A	TANG CHI FAI	鄧志輝	0:18:39	0:18:29
6070B	WONG LAI MAN	王麗敏	0:18:39	0:18:30
6072A	Chan Kin Sang	陳健生	0:12:36	0:12:29
6072B	Lai Chun Ip	黎振燁	0:12:32	0:12:25
6073A	Lee Sheung wan	李湘雲	0:29:48	0:29:36
6073B	Chan Wing YAN	陳穎恩	0:20:27	0:20:15
6074A	Cheng Wing Yan		0:22:48	0:22:28
6074B	LO Yuet Ling Wendy		0:22:48	0:22:28
6075A	Cheung Ngai Hoi	張倪海	0:21:41	0:21:24
6075B	Cheung Ian Eddie	張梓游	0:21:42	0:21:24
6076A	chan chi leung		0:21:00	0:20:51
6076B	chan ka wing		0:18:03	0:17:53
6077A	Chan Hon kin	陳漢健	0:19:36	0:19:28
6077B	Chan Na na	陳娜娜	0:19:50	0:19:42
6078A	Leung Ming Ho	梁銘豪	0:16:52	0:16:44
6078B	Ng Chun Yin	吳俊賢	0:16:34	0:16:27
6079A	Lo Chi Chung	盧志聰	0:44:14	0:43:58
6079B	Woo Chan Hung	胡燦紅	0:44:23	0:44:06
6080A	Poon Ka Ho		0:28:29	0:28:05
6080B	Ching Sze Man		0:28:29	0:28:06
6081A	On Ka Yu	安嘉予	0:16:38	0:16:34
6081B	On Sing Pok	安聲博	0:14:10	0:14:05
6082A	Liang Pui Fung	梁沛豐	0:17:32	0:17:15
6082B	Au Ho Yin	區皓然	0:17:32	0:17:14
6083A	Wong Siu Kwong	黃少光	0:23:28	0:23:24
6083B	Lai Kit Ying	黎潔瑩	0:23:28	0:23:24
6084A	Wong Shuk Yee Doreen		0:20:20	0:20:11
6084B	Lam Wai Chi		0:19:29	0:19:18
6085A	On Ka Man		0:14:26	0:14:21
6085B	On Ka Ming		0:14:26	0:14:22
6086A	Yung Michael	翁錦雄	0:19:58	0:19:56
6086B	Yung Oswin	翁沛宏	0:19:56	0:19:56
6087A	CHAN Yeuk Lam	陳若霖	0:26:49	0:26:49
6087B	TSUI Lap Yan	徐立仁	0:26:49	0:26:49
6088A	LAI CHUN YEUNG		0:18:35	0:18:32

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3公里同樂組 (2人)

Bib	Name	姓名	Official Time	Chip Time
6088B	TSE KA WAN ANGEL		0:18:36	0:18:32
6089A	Yau Ching Man	邱靜雯	0:22:54	0:22:37
6089B	Chung Yuk Laam Stanley	鍾旭嵐	0:22:54	0:22:38
6091A	Cheung Yin Ling	張燕玲	0:29:48	0:29:27
6091B	Ho Man Kit	何文傑	0:29:48	0:29:26
6092A	PO HON WING	布漢榮	0:21:09	0:21:08
6092B	PO KA HEI	布迦浣	0:21:10	0:21:10
6093A	Chan Shu Wai		0:19:13	0:19:00
6093B	Chan Sze Yui		0:19:13	0:19:00
6094A	Chan Sze Kee Christie	陳思琪	0:17:56	0:17:54
6094B	Ng Colin Hayson	伍晞信	0:14:28	0:14:26
6096A	Leung Dorothy		0:28:21	0:28:11
6096B	Cheung Tsz Ki Karina		0:28:22	0:28:11
6098A	Cheung Wayne		0:28:21	0:28:11
6098B	Cheung Tsz Ching Vanessa		0:28:21	0:28:11
6099A	Leung Ho Fai	梁灝輝	0:20:35	0:20:14
6099B	Leung Chung Him	梁頌謙	0:20:17	0:19:56
6100A	WONG Kwai Hing	黃桂馨	0:20:21	0:20:13
6100B	YAU Chun Wai	游俊威	0:15:49	0:15:41
6101A	Hung Siu Chung	熊兆聰	0:21:33	0:21:20
6101B	Chan Wai Yu	陳慧如	0:21:33	0:21:19
6102A	Lam Chung Yun	林宗潤	0:25:29	0:25:08
6102B	Chan Siu Kan Jeanne	陳筱芹	0:25:29	0:25:08
6103A	Choi Wing yip	蔡永業	0:39:27	0:39:09
6103B	Choi Sze Yuen	蔡思炫	0:39:27	0:39:09
6104A	LEUNG KA WING	梁嘉榮	0:19:22	0:19:22
6104B	LEUNG YAN NG	梁人午	0:19:21	0:19:21
6105A	Siu Wai Keung	蕭偉強	0:20:11	0:19:52
6105B	Siu Shing Hei	蕭承羲	0:20:11	0:19:56
6106A	Lee Ho Chuen	李浩泉	0:17:46	0:17:42
6106B	LEE yik ting	李奕廷	0:17:46	0:17:43
6107A	Lui Kin Toa		0:18:55	0:18:55
6107B	Huen Yik Lam		0:18:55	0:18:55
6108A	Ho Yuen Han	何婉嫻	0:22:15	0:22:05
6108B	Lau Pui Hung	劉沛鴻	0:23:36	0:23:25
6109A	CHAN Wing Sze	陳詠詩	0:21:34	0:21:30
6109B	CHAN PAK QIU	陳柏喬	0:21:34	0:21:30
6110A	Tsoi Wu Pak Patrick	蔡湖北	0:21:55	0:21:45
6110B	Tsoi Hang Yu Emilia	蔡幸妤	0:21:57	0:21:46
6111A	CHAN YUK HAN EMILY	陳玉嫻	0:25:18	0:25:10
6111B	CHAU CHI KI	周志琪	0:25:18	0:25:10
6112A	Li Ka Wah	李嘉華	0:27:55	0:27:30
6112B	Cheng Yan Man	鄭恩敏	0:27:55	0:27:30
6114A	Lee Kwan Lok		0:22:02	0:22:02
6114B	Lee Choi Tong		0:22:02	0:22:02
6116A	Tsang Miu Yu Joanne		0:18:34	0:18:29
6116B	Wong Tsz Ni Jeannie		0:18:33	0:18:29
6117A	CHEUNG HAU YING	張巧英	0:20:51	0:20:35

啟德飛步跑 KAI TAK RUN

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3公里同樂組 (2人)

Bib	Name	姓名	Official Time	Chip Time
6117B	KWOK ZI TAO	郭梓滔	0:20:51	0:20:35
6118A	LAI Po Fong	黎寶芳	0:19:16	0:19:09
6118B	TAI Hau Ling	戴巧玲	0:22:14	0:22:07
6119A	Chung Man Hong	鍾文康	0:20:03	0:19:37
6119B	Chung Pak Lam	鍾柏霖	0:20:03	0:19:37
6120A	Sham Po Leung	岑步良	0:28:26	0:28:14
6120B	Luk Wai Kwan	陸惠群	0:28:26	0:28:14
6121A	CHAU CHAU MOON	周秋滿	0:16:01	0:15:47
6121B	CHAU CHUN DICK	周俊迪	0:13:35	0:13:21
6122A	Chua Heung Fei		0:17:39	0:17:33
6122B	Leung Lai Wa Elsa		0:19:18	0:19:11
6123A	Chan Wing Yan		0:27:01	0:26:49
6123B	Wong Chun Wai		0:27:01	0:26:49
6124A	Leung La man	梁嘉汶	0:22:46	0:22:41
6124B	Yeung Wai Chi	楊懷治	0:22:46	0:22:41
6125A	Tsang Sin Yi		0:22:11	0:21:55
6125B	Tsang Chun Him		0:22:14	0:21:58
6126A	Tung Albert Man Ho	董	0:18:19	0:18:14
6126B	Tung Tung wing Kate	董	0:18:18	0:18:15
6127A	CHAN LUNG WAI	陳龍威	0:26:08	0:26:05
6127B	CHAN CHUI YING	陳翠盈	0:26:08	0:26:08
6128A	Mok Kan Qiao	莫侃橋	0:24:04	0:23:35
6128B	Chow Man Wai	周文惠	0:24:04	0:23:37
6129A	Hui Chi Chiu	許志釗	0:24:42	0:24:30
6129B	Hui Nok Ming	許諾銘	0:24:42	0:24:30
6130A	LAM CHI HIN	林致顯	0:20:16	0:20:10
6130B	HO KAM YING	何金英	0:20:28	0:20:22
6131A	Tang Wing Kin		1:13:09	0:56:10
6131B	Tam mei yuk		1:13:10	0:56:09
6132A	Lau Kai Meng	劉啟明	0:21:46	0:21:33
6132B	Lau Pui Yu	劉貝愉	0:21:51	0:21:38
6133A	Lor Stephen bak hung	楊木煌	0:12:47	0:12:47
6133B	Li Fen	李芬	0:20:56	0:20:56
6134A	TSANG Kin on	曾健安	0:24:56	0:24:36
6134B	TSANG Yik Nam	曾翊嵐	0:24:57	0:24:36
6135A	Mak Siu Ming	麥兆銘	0:22:20	0:20:28
6135B	Mak Alex Boris	麥懣泓	0:22:21	0:20:30
6136A	Hui Peter		0:20:54	0:20:54
6136B	Leung Pearl		0:20:54	0:20:54
6137A	Kwan Sau Yee Dorothy		0:50:35	0:50:07
6137B	Wong Mei Wah	黃美華	0:50:35	0:50:07
6138A	Cheung Hiu Fung	張曉峯	0:22:52	0:22:45
6138B	Cheung Pak Yi	張柏懿	0:19:26	0:19:18
6139A	Chan Walter	陳益強	0:25:42	0:25:25
6139B	Chan Camille	陳品希	0:25:41	0:25:24
6140A	Chau Yu Cheung	周宇翔	0:18:35	0:18:17
6140B	Chau Nga Yin	周雅妍	0:18:34	0:18:19
6141A	Tse Tak Lai		0:22:41	0:22:16

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3公里同樂組 (2人)

Bib	Name	姓名	Official Time	Chip Time
6141B	Chik Wing Yin		0:19:04	0:18:39
6142A	Yip Man Ching Connie	葉文靜	0:25:04	0:24:54
6142B	Tai Siu Ching	戴少清	0:25:04	0:24:54
6143A	Chik Tat Wai		0:36:58	0:23:37
6143B	Chik Sum Yin		0:36:57	0:23:36
6144A	Chow Wai Chu		0:20:09	0:20:03
6144B	Tsang Yuen Sheung		0:20:09	0:20:04
6145A	Lau Kwan Wah	劉焜華	0:25:43	0:25:30
6145B	Lao Cheuk Hin	劉焯軒	0:23:50	0:23:38
6146A	Kimura Amane		0:18:50	0:18:48
6146B	Kimura Rin		0:18:50	0:18:48
6147A	Lao Chi Meng	劉子明	0:23:49	0:23:36
6147B	Lao Cheuk Kiu	劉焯蕎	0:21:48	0:21:35
6148A	Tin Htun Chi hang Cyrus	伍志衡	0:14:31	0:14:31
6148B	Ng Chloe Hayee	伍晞兒	0:16:51	0:16:51
6149A	Lee Pui Si	李佩鏗	0:22:12	0:22:09
6149B	Lam Wing Sum	林詠琛	0:18:50	0:18:50
6150A	yeung pui ka		0:26:16	0:26:05
6150B	chau po chu		0:26:16	0:26:07
6151A	Lee Ian		0:19:48	0:19:22
6151B	Tam Wilda		0:20:18	0:19:52
6152A	Lee Kiu Yu Tony	李喬宇	0:29:04	0:28:50
6152B	Hsieh Yue Huei	謝玉惠	0:29:03	0:28:47
6153A	Leung Choi Ni	梁彩妮	0:26:35	0:26:08
6153B	Lam Wing In	林穎妍	0:26:15	0:25:48
6154A	Wong So yan		0:29:33	0:29:32
6154B	Lau Sum wan		0:29:33	0:29:33
6155A	Mak Yin Ping	麥燕萍	0:19:18	0:19:09
6155B	Fok Kai Sui	霍啟瑞	0:19:19	0:19:10
6156A	CHONG WAI SHAN	莊惠珊	0:22:09	0:22:06
6156B	SIU TSZ FAY	蕭祉斐	0:22:09	0:22:09
6157A	Tsoi Chiu Yung		0:23:59	0:23:47
6158A	TANG Wan Ming	鄧允明	0:19:50	0:19:44
6158B	AU Mei Lan	區美蘭	0:19:51	0:19:44
6159A	Leung Shuk Kuen	梁淑娟	0:22:48	0:22:48
6159B	Chan Chi Hin		0:16:40	0:16:40
6160A	Lee Chun Wai Davy		0:18:31	0:18:24
6160B	Chang Lai Wah		0:18:31	0:18:24
6162A	Tam Chi Ho	譚賜豪	0:21:41	0:21:21
6162B	Wong Fanny	黃桂花	0:21:41	0:21:20
6163A	Tang Man Chiu		0:18:13	0:18:08
6163B	Tsui Siu Hing		0:18:12	0:18:07
6164A	LAU WAI HON		0:16:56	0:16:42
6164B	CHIN WAI HAR		0:16:56	0:16:42
6165A	Zhang Hongbo	張紅波	0:18:39	0:18:21
6165B	Peng Xiang	彭翔	0:20:01	0:19:44
6166A	WONG Nga Yee	黃雅儀	0:29:10	0:28:52
6166B	CHAN Pui Wah Alicia	陳珮華	0:29:10	0:28:51

啟德飛步跑 KAI TAK RUN

Date: 16th MARCH 2025

3公里同樂組 (2人)

Bib	Name	姓名	Official Time	Chip Time
6167A	LI TING FUN	李鼎勳	0:22:44	0:22:29
6167B	LI MAN HEI ALVIN	李忞熙	0:22:43	0:22:28
6168A	On Ka Chun Thomas	安嘉晉	0:18:15	0:18:10
6168B	On Sing Yui Ryan	安聲睿	0:18:15	0:18:10
6169A	Hung wing kit	洪永傑	0:17:17	0:13:49
6169B	Hung Kin lam	孔建楠	0:17:11	0:13:42
6170A	ON KA SHUN	安嘉信	0:14:33	0:14:28
6170B	ON SING IP MAX	安聲燁	0:14:15	0:14:11
6171A	LO Tsun Hon Alex	盧俊翰	0:13:51	0:13:51
6171B	LO Cheuk Yin	盧卓賢	0:12:47	0:12:47
6172A	KWOK Fong Kwan Edna	郭芳均	0:17:20	0:17:19
6172B	Lo Cheuk Him	盧卓謙	0:14:16	0:14:16
6173A	Choi Yu Hei		0:16:41	0:16:33
6173B	Chan Yan Yee Emily		0:19:28	0:19:20
6176A	Wong Ka Chun	黃家俊	0:16:18	0:16:16
6176B	Wong Po Ling	黃寶玲	0:21:23	0:21:23
6177A	Cheung Ka Hin Catherine	張嘉軒	0:26:40	0:26:34
6177B	Lau Cheuk Laam	劉卓嵐	0:26:40	0:26:34
6178A	CHOI Wai Tak	蔡偉德	0:19:11	0:18:53
6178B	Au Hin Lun	區顯麟	0:20:49	0:20:31
6179A	Cho Chun Wai		0:21:48	0:21:28
6179B	Cho Sum Yu		0:21:48	0:21:28
6180A	Lam Kuen Wan	林權穩	0:15:16	0:15:16
6180B	Lam Tsz Hin	林子軒	0:15:16	0:15:16
6181A	CHIU Wing Yan	趙永恩	0:22:35	0:22:10
6181B	CHIU Yee Sum	趙倚心	0:23:28	0:23:04
6182A	CHIU Kam Fai	趙金輝	0:23:28	0:23:03
6182B	CHIU Yee Ki	趙倚祈	0:22:18	0:21:53
6185A	Leung Chi Fung		0:26:06	0:26:01
6185B	Ho Wing Ki		0:26:06	0:26:01
6186A	Leung Chun Him	梁俊謙	0:17:58	0:17:55
6186B	Leung Ho Yin	梁皓然	0:17:58	0:17:54
6187A	Kwok Sze	郭思仲	0:18:25	0:18:23
6187B	Kwok Sin Long	郭善朗	0:15:43	0:15:43
6188A	Wong Ka Lai	黃家麗	0:18:37	0:18:34
6188B	Kwok Sin Yu	郭善宇	0:18:25	0:18:23
6191A	Chong Sze Lok Gabriela	莊師樂	0:16:42	0:16:36
6191B	Sze Yong Hong		0:16:48	0:16:42
6192A	KAN YUK YAN		0:29:19	0:29:05
6192B	KAN KA YAN		0:22:05	0:21:51
6193A	Ng Shuk Man		0:23:38	0:23:32
6193B	Chan So Wai Josephine		0:23:39	0:23:33
6194A	Chung Ho Yin	鍾浩然	0:20:16	0:20:00
6194B	Chung Long Hei Cyrus	鍾朗晞	0:20:12	0:19:56
6197A	YEUNG Kwan Kit		0:23:13	0:22:51
6197B	YEUNG Kiu Yam		0:23:13	0:22:50
6198A	Hung Yin nie	洪燕妮	0:20:52	0:20:43
6198B	Chan Sze yu	陳思喻	0:20:52	0:20:43

啟德飛步跑 KAI TAK RUN

Date: 16th MARCH 2025

3公里同樂組 (2人)

Bib	Name	姓名	Official Time	Chip Time
6199A	TSE Ngar yui	謝雅蕊	0:14:49	0:14:47
6199B	TSANG Fan nok	曾繁諾	0:14:50	0:14:50
6200A	Kwong Yu		0:22:04	0:22:00
6200B	Mabel Chan		0:22:04	0:22:01