

啟德飛步跑 KAI TAK RUN

Date: 16th MARCH 2025

3公里啟德體育園特邀組別

Bib	Name	姓名	Official Time	Chip Time
3001	Choy Ka chai	蔡家齊	0:19:07	0:18:31
3002	Cheung Ng Kan	張五斤	0:21:57	0:21:38
3003	Chung Shun Hang	鍾信恆	0:15:05	0:14:45
3004	Tsui Chin Wang	徐展宏	0:16:46	0:16:28
3005	Tam Ching Lai	譚正灋	0:19:34	0:19:14
3006	Wong Yuk Fan	黃毓繁	0:23:19	0:23:01
3007	Yau Yi Lam	邱怡霖	0:20:19	0:19:59
3008	HUI Chun Pak	許振北	0:21:08	0:20:57
3009	SUNG YUEN WAI	宋沿緯	0:19:42	0:19:12
3010	SZE NGA LING	施雅玲	0:17:35	0:17:04
3011	Lo Chun Hang Simpson	勞俊衡	0:17:02	0:16:59
3012	Ng Yau Keung Benjamin	吳友強	0:18:55	0:18:47
3013	Ng Jacky		0:23:23	0:23:14
3014	Leung Yuk Tung	梁煜東	0:19:22	0:19:10
3015	Leung Chun kit allen	梁俊傑	0:13:37	0:13:27
3016	Yip Hing Kwok	葉興國	0:25:35	0:25:29
3017	Wong Kwok kin	黃國健	0:21:08	0:20:56
3018	SUNG YUEN YI	宋沿頤	0:17:35	0:17:04
3019	AU Po Hay	歐普熹	0:21:06	0:20:59
3020	Luk Chui Hung	陸翠紅	0:21:29	0:21:12
3021	TSE SHING HEI	謝丞希	0:20:59	0:20:27
3022	Lo Shing yee	盧承依	0:20:59	0:20:27
3023	Tsoi Tsz Lok	蔡梓樂	0:20:59	0:20:25
3024	hui KIN pan	許健斌	0:22:21	0:21:51
3025	Tang Esme	鄧仲頤	0:19:56	0:19:43
3026	TSANG Kwok Wing	曾國榮	0:19:51	0:19:37
3027	Tsang Titus Wang Ue	曾弘御	0:19:51	0:19:38
3028	Cheung CK	張志光	0:23:35	0:23:22
3029	Cheung Verena	張沛蕤	0:23:37	0:23:25
3030	Leung Clare	梁凱琳	0:38:45	0:38:31
3031	Kwong po wa	鄺寶華	0:28:13	0:27:43
3032	TSANG Siu king	曾笑琮	0:22:29	0:21:59
3033	Lam Kin Hei Alex		0:13:36	0:13:19
3034	Wong Samson	王梓弘	0:17:20	0:17:03
3035	Kan Ming Tung		0:16:35	0:16:05
3036	CHEUNG YU CHING	張宇清	0:27:53	0:27:31
3037	Chan Wai Chung Ricky	陳偉聰	0:16:18	0:16:04
3038	May Ng		0:18:56	0:18:51
3039	Choi Kevin		0:18:57	0:18:51
3040	Poon Cheuk Bun	潘卓斌	0:16:44	0:16:34
3041	Cheng Cheuk Wing	鄭卓穎	0:19:14	0:18:57
3042	Wong Tsz Ho James	黃子皓	0:19:14	0:18:57
3043	CHEN HUAI PIN	陳懷彬	0:19:12	0:18:41
3044	LAI HOI YING		0:20:56	0:20:44
3045	Yeung Hon Yip	楊瀚業	0:14:32	0:14:23
3047	Yeung Yui Wang	楊睿弘	0:18:59	0:18:51
3049	Chiu Yan Ho		0:27:35	0:27:24
3050	Ho Yeuk Yiu		0:27:35	0:27:23

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Bib	Name	姓名	Official Time	Chip Time
3051	Chiu Kwok Wai		0:27:35	0:27:24
3052	Yuen Ka Hei	袁嘉曦	0:15:47	0:15:25
3054	Wong Chung Hang	黃頌行	0:21:47	0:21:01
3055	YIP PUI KEI	葉培基	0:19:04	0:18:19
3056	he dan	何丹	0:30:24	0:29:52
3058	Sze Tin chee	施天賜	0:26:23	0:26:01
3059	LAI CHRISTINE	黎譽恩	0:16:18	0:15:47
3060	MUI KA MING RYAN	繆嘉銘	0:19:27	0:18:58
3061	CHONG KIT FU STEVEN	莊傑夫	0:21:38	0:21:09
3062	LIU CHI KEUNG	廖志強	0:17:27	0:16:58
3063	YIU SUET MUI CONNIE	姚雪梅	0:18:59	0:18:29
3064	Kan Chung Yin Joel	簡仲賢	0:17:28	0:17:18
3065	Lau Shun Ting	劉舜婷	0:25:59	0:25:16
3066	CHUNG MEIWAI	鍾美慧	0:19:51	0:19:08
3067	CHOW YUEN KUK JONATHAN	周元谷	0:19:06	0:18:23
3068	LAU SUK HAN	劉淑嫻	0:19:47	0:19:01
3070	LI MAN CHEONG	李文昌	0:19:20	0:18:51
3071	Wong Yiu Man	黃耀敏	0:17:18	0:16:50
3073	Li On tung	李安東	0:28:13	0:27:40
3074	Yuen King Fung		0:21:45	0:20:58
3075	Cheung Wing Fai	張永輝	0:14:14	0:14:02
3076	Lui Kai Lin Wendy	雷啟蓮	0:27:49	0:27:41
3077	KWONG Ka Shi	鄺嘉仕	0:16:08	0:16:04
3078	Yim Wai Tak Victor		0:20:20	0:19:52
3079	SEK LAI YAN	石禮仁	0:16:07	0:15:54
3080	Chan Tin Kuen	陳天權	0:24:09	0:24:03
3081	Chu Tsz Wing	朱子穎	0:20:17	0:19:51
3082	Ng Shuk Ying	吳淑英	0:30:51	0:30:04
3083	KOK KA KI	郭家麒	0:14:25	0:13:57
3084	Tung Man Wa	董敏華	0:30:27	0:29:49
3085	Chim Fung Ling	詹鳳玲	0:29:49	0:29:11
3086	KEI HA YIN	紀夏燕	0:30:29	0:29:50
3087	AU King Hang	區敬恒	0:17:40	0:17:35
3089	LOO Ka Wah	羅家華	0:17:20	0:17:12
3090	TSOI KA WING	蔡家榮	0:23:43	0:23:07
3091	LEUNG Yee Ki	梁以祈	0:17:39	0:17:34
3092	CHENG CHUNG CHEE	鄭頌慈	0:22:24	0:22:16
3093	LAM PUI YEE	林佩儀	0:20:06	0:19:58
3094	CHAN SIU PO	陳小寶	0:20:24	0:19:53
3095	Chan King Yeung	陳景揚	0:14:06	0:13:54
3096	CHAN SO MAN	陳素文	0:20:24	0:19:52
3097	Cheung Chok Fong	張作芳	0:24:21	0:24:12
3098	Tsui Yuen Ming	徐婉明	0:14:49	0:14:44
3099	Chan Chung hong	陳頌康	0:14:56	0:14:43
3100	Yip Chi Sio	葉志兆	0:23:42	0:23:04
3101	Chan Wai Hung	陳偉洪	0:11:39	0:11:33
3104	HUNG Chor Ying Edmond	洪楚英	0:14:57	0:14:54
3105	Chau Wang Fai	周宏輝	0:19:23	0:18:55

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Bib	Name	姓名	Official Time	Chip Time
3106	YAU YIU SHING		0:11:53	0:11:45
3107	WONG HIU AI	王曉艾	0:17:41	0:17:19
3109	LEE Chung Yiu	李忠耀	0:17:40	0:17:18
3110	Lau Pui Wing	劉培榮	0:16:07	0:16:07
3112	NG SIU ON	吳兆安	0:15:42	0:15:22
3113	LEUNG Siu King	梁笑琮	0:30:49	0:30:06
3114	Ngai Yu yin	魏語然	0:14:45	0:14:39
3115	CHOI Yun Wah	蔡潤華	0:30:47	0:30:04
3116	KUNG PUI TING	龔佩婷	0:30:50	0:30:06
3117	CHONG YUEN CHING		0:29:15	0:28:55
3120	To Sin Wai		0:17:01	0:16:49
3121	CHEUNG KI TANG	張琪騰	0:21:38	0:21:02
3123	Lau Pui Kiu		0:29:18	0:29:00
3124	CHEUNG Pik Yin	張璧賢	0:20:56	0:20:56
3125	Woo Sai kit		0:18:52	0:18:52
3126	Chan Margaret		0:16:40	0:16:40
3127	Chan Tak Shun	陳德信	0:15:46	0:15:26
3128	TANG TIM LOK	鄧添樂	0:22:19	0:21:54
3129	HAU Wai San	侯偉新	0:16:41	0:16:14
3130	Li Wing Yee Winnie	李穎兒	0:16:13	0:15:52
3131	Lai Tina	黎曉君	0:22:20	0:21:54
3132	LAU NGA SZE	劉蓮	0:18:25	0:18:03
3133	Li Matthew		0:14:10	0:14:04
3134	Ng Chun Ting	吳俊霆	0:17:13	0:17:12
3135	Ho Shuk Ling Horlick		0:17:13	0:17:13
3136	WONG KING YUI	黃境銳	0:14:53	0:14:41
3137	DIO CHEUK TING	刁卓霆	0:22:24	0:21:49
3138	Wong Ting Tina	黃婷	0:20:55	0:20:55
3139	tang wing chun	鄧咏駿	0:17:15	0:16:43
3140	Tsang Wing Fai	曾榮輝	0:19:56	0:19:53
3142	KAM KIN	金堅	0:20:41	0:20:20
3143	LO Fung Sun	羅鳳新	0:19:27	0:19:08
3145	LI CHUN FUNG	李俊峯	0:16:57	0:16:45
3146	HO WAI TING	何偉庭	0:13:45	0:13:33
3147	LAI Fong Kin	黎方健	0:19:51	0:19:17
3148	Ching Hoi Yan	程海欣	0:28:12	0:27:41
3149	DIO KAI CHUNG	刁啟忠	0:22:23	0:21:48
3150	Heung Sai Yau	向世祐	0:18:12	0:17:35
3151	HUI LEE WING	許利永	0:24:50	0:24:17
3152	Chong Yuen Ting		0:29:18	0:28:57
3153	Li Tak Nang	李德能	0:16:29	0:16:29
3154	Lai Hiu Wah	黎曉華	0:22:19	0:21:53
3155	Wong Kai San	黃啟榮	0:19:55	0:19:26
3158	LAW HIU YAN		0:21:47	0:21:22
3160	WONG SHUK YEE		0:21:42	0:21:21
3161	FUNG Ka Kin	馮家鍵	0:15:13	0:15:13
3162	Siu Ching Yuen	蕭正元	0:20:06	0:19:43
3163	Chen Jun Hao		0:18:04	0:17:41

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Bib	Name	姓名	Official Time	Chip Time
3164	Tsang Yeuk Kai		0:16:35	0:16:11
3165	CHEUNG YIU WAH	張耀華	0:19:24	0:18:56
3166	Lai Wing Chun	賴永春	0:22:13	0:21:40
3167	Kan Elco		0:14:36	0:14:36
3169	NGAI Ming Wai	倪明威	0:19:31	0:19:20
3170	Lo Kok Lun	盧覺麟	0:15:21	0:15:21
3171	Cheung Crystal	張秀雲	0:22:51	0:22:51
3172	Poon Felix		0:15:07	0:15:07
3173	Leung Wai Chung	梁偉聰	0:21:31	0:21:00
3174	YU Siu Lun	余邵倫	0:16:09	0:15:35
3175	Cheng Karen		0:20:59	0:20:59
3176	Chung Chun Kit	鍾振傑	0:21:29	0:21:14
3177	TSANG SAI MING	曾世明	0:15:37	0:15:36
3178	Lam Wing Ching	李泳澄	0:17:12	0:17:10
3180	TAM Yat Sing Sunny	譚溢昇	0:17:16	0:17:00
3181	TAM Wing See	譚詠詩	0:17:28	0:17:13
3182	Ng Kai Lam	吳佳林	0:23:42	0:23:03
3184	Kwok Man Chun Manson	郭文浚	0:17:16	0:17:00
3185	LEE PIK KI	李璧岐	0:23:39	0:23:31
3186	Yang Kwai Ying	楊貴嫻	0:16:54	0:16:46
3187	Jim HINGCHO	詹慶祖	0:25:12	0:24:29
3188	Lau Kin Kee	劉健基	0:21:02	0:20:20
3189	Chick Lin Yuk Joyce	戚蓮玉	0:26:26	0:26:26
3190	Chan Man Lok	陳文樂	0:25:14	0:24:30
3191	Ko Ka Lok Johnson		0:15:08	0:14:41
3192	KWOK TSZ LUNG	郭子龍	0:21:24	0:21:07
3193	Lau Ying Tak	劉英德	0:21:24	0:21:07
3194	Cheng Wai Hin	鄭煒軒	0:19:10	0:18:50
3195	cheung chi ming	張志明	0:17:31	0:17:17
3196	Leung Sek Wo		0:17:31	0:17:14
3197	LI YUEN MAN	李苑雯	0:28:09	0:27:12
3199	CHAN YICK WAI	陳奕偉	0:16:10	0:15:37
3200	MA HIU MAN	馬曉雯	0:33:42	0:24:13
3201	Lai Mei ching	賴美澄	0:33:33	0:24:04
3202	PUN Kwok Wah	潘國華	0:24:09	0:24:07
3203	LAM Wing Chun	林榮鎮	0:21:38	0:21:32
3204	MAK Yui Ka	麥睿家	0:26:39	0:26:17
3206	MAK Kwan Chai	麥鈞齊	0:26:39	0:26:16
3207	CHAN Chi Keung	陳志強	0:18:21	0:18:18
3210	Wong Ho Yin	黃浩賢	0:18:40	0:18:38
3211	CHEUNG King Fan	張景勛	0:28:05	0:26:30
3213	OR Flicka	柯敏	0:14:58	0:14:53
3214	Wong Kai Yin	黃啟然	0:13:13	0:13:09
3216	WONG Man Lei Vivian	黃文莉	0:28:05	0:28:00
3218	CHO Wui Hung	左滙雄	0:28:06	0:27:59
3219	Lai Shing Chi	賴承志	0:22:39	0:22:36
3221	KWAN Ho Yeung	關浩洋	0:18:39	0:18:36
3222	Nieh Tak Yiu Kathleen	聶德瑤	0:22:36	0:22:34

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Bib	Name	姓名	Official Time	Chip Time
3223	LAI Yin Chung	賴彥宗	0:13:03	0:13:01
3224	KONG SIU KEUNG	江紹強	0:23:07	0:23:03
3225	Tsang Tsz Yan Winnie	曾子欣	0:19:25	0:19:21
3226	CHAN WAN YIU Winyork	陳允耀	0:13:54	0:13:52
3227	HU Shek Pang	胡碩朋	0:29:27	0:29:21
3229	LO YIU CHEUNG	羅耀章	0:19:31	0:19:25
3230	YEUNG Fung Ling	楊鳳玲	0:15:28	0:15:24
3231	Wu yuk hung	吳育紅	0:16:04	0:16:00
3232	Ng Joe	吳志淦	0:15:51	0:15:48
3233	Ho Kwok Kit	何國傑	0:16:09	0:16:04
3234	NG Vince	伍海漩	0:26:41	0:26:19
3235	LIU SICHANG	劉思暢	0:16:48	0:16:45
3236	WONG KIN YU		0:15:39	0:15:20
3237	CHIU KIT MAN		0:15:26	0:15:08
3238	Fung Kam Ting	馮錦婷	0:26:18	0:25:34
3239	Yan Sek Fai	殷錫輝	0:26:20	0:25:38
3240	Mang Hao Xiang	孟皓翔	0:16:13	0:15:31
3242	Wong Kwun Yuet Shavonne	黃觀悅	0:21:40	0:21:15
3243	Lui Chun Long	雷俊朗	0:23:30	0:22:49
3244	Fok King Sing		0:14:46	0:14:30
3245	Leung Wai Shan	梁瑋珊	0:17:47	0:17:23
3246	Chan Ching Lam		0:20:13	0:19:47
3247	Yeung Chi Ho	楊智皓	0:16:25	0:16:25
3248	PUN Kit	潘傑	0:17:08	0:16:22
3249	SO Wing Yu	蘇穎瑜	0:20:02	0:19:15
3250	Lai Anson	賴以尊	0:21:33	0:20:50
3252	Ng Cheuk wing	吳芍穎	0:17:21	0:17:01
3254	NG WING SUM	伍穎心	0:21:59	0:21:50
3255	Lui Keith		0:20:16	0:19:32
3257	Yeung Vivian	楊卓姿	0:17:00	0:16:13
3258	Chan Ka On Eddie	陳家安	0:20:16	0:19:35
3259	Ip Tsz Kiu	葉芷翹	0:20:23	0:20:14
3260	Chan Chun Hei	陳雋希	0:14:27	0:14:11
3263	Chan Ka Shing Jackson	陳家成	0:20:16	0:19:34
3266	Lam King Fai		0:13:51	0:13:47
3267	Tsang Lok Hin	曾珞騫	0:15:08	0:14:24
3268	WONG CHO LAM	黃楚琳	0:22:56	0:22:30
3271	Law Chi Keung	羅志強	0:14:52	0:14:41
3272	LAI TAT SHING	黎達成	0:20:03	0:19:15
3273	Ng Lai Ming	吳麗銘	0:22:03	0:21:49
3274	Cheung Long Hin	張朗軒	0:23:19	0:22:39
3275	Lam Kai Hong Samson	林啟康	0:15:53	0:15:45
3278	Lam Tsz Lok	林子樂	0:16:19	0:15:53
3279	Wu Siu Ling	胡小玲	0:26:18	0:25:34
3280	Yim Chun Ming	嚴鎮明	0:22:07	0:22:07
3281	Wong Kwan Wai	王群偉	0:20:01	0:19:47
3282	Chan Suet Mei Anna		0:11:47	0:11:45
3283	Tsang Sze Man		0:19:32	0:19:03

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Bib	Name	姓名	Official Time	Chip Time
3284	Lam Debbie		0:19:32	0:19:03
3285	TAM Yee Lei		0:28:34	0:28:25
3286	Wong Tsun Hang		0:15:55	0:15:51
3287	LEE Pui Lam		0:20:58	0:20:45
3288	CHUNG KIN HEI	鍾建希	0:13:59	0:13:31
3289	CHEUNG POK MAN	張博文	0:19:11	0:18:43
3290	Chu Kin Wa	朱健驊	0:15:54	0:15:45
3292	Kwok Hak Yin	郭克賢	0:11:41	0:11:32
3306	CHAN KA HO	陳嘉浩	0:18:14	0:17:41
3308	YU Ka ming	余嘉明	0:22:18	0:22:07
3309	Hsu Yau Wai	許有為	0:16:32	0:16:28
3310	Chung Sze Wik	鍾思域	0:21:29	0:21:13
3312	Chan Pik Ha Helen		0:16:20	0:16:20
3313	Kwan Wai Ling		0:16:20	0:16:20
3314	SIU Sai Wo	蕭世和	0:19:54	0:17:59
3316	FONG KA WAI GARY	方嘉偉	0:20:41	0:19:45
3317	Lee Ching Yan Ellen	李呈昕	0:22:19	0:22:09
3318	Chu Lokwai	諸樂為	0:26:00	0:25:39
3319	Yeung Boris		0:22:11	0:22:11
3320	Yeung YM		0:22:12	0:22:12
3322	Law Wing Fai	羅詠暉	0:17:23	0:17:23
3325	FAN SAU KI	范秀琪	0:31:27	0:31:06
3326	LI CHAK YAN	李澤茵	0:31:28	0:31:06
3327	KWONG CHI LEUNG	鄺志良	0:31:27	0:31:05
3328	Yuen Kwok keung	袁國強	0:24:03	0:23:53
3329	Tang Man Wai	鄧雯蕙	0:27:49	0:27:41
3330	YIP Ping	葉蘋	0:25:49	0:25:49
3331	Arriaga Agrelo Eduardo		0:25:49	0:25:49
3332	Arriaga Yip Mencey	葉君淳	0:25:10	0:25:10
3333	LEUNG Yu Hin	梁宇軒	0:24:22	0:24:01
3335	LEUNG Chi Hang	梁知行	0:23:59	0:23:38
3336	LEUNG Chi Yin	梁知言	0:24:22	0:24:01
3338	Lee Amanda		0:16:35	0:16:18
3339	Chow Wai Kin		0:16:24	0:16:07
3340	Law Kenneth	羅	0:13:35	0:13:31
3341	CHAU Hing Wah	鄒興華	0:25:10	0:25:02
3342	SIU Lai Kuen Susanna	蕭麗娟	0:25:10	0:25:03
3343	CHAU Mei Yan Grace	鄒美恩	0:16:38	0:16:31
3344	Yip Alice	葉嘉明	0:22:56	0:22:49
3345	Lee Aliisa	李雅珽	0:22:54	0:22:48
3346	LEE Ping Kuen	李炳權	0:15:49	0:15:42
3347	Chu Paul	朱海山	0:26:54	0:26:39
3348	Ho Helen	何嘉恩	0:26:54	0:26:40
3349	Chu Marco	朱栢熙	0:26:44	0:26:30
3350	Chu Alex	朱穎熙	0:26:45	0:26:32
3351	CHAU Chun Him Daniel	鄒俊謙	0:16:24	0:16:16
3352	Ho Wayman	何蔚文	0:16:57	0:16:15
3353	YUEN SIU BUN EDWARD		0:17:54	0:17:45

啟德飛步跑 KAI TAK RUN

Date: 16th MARCH 2025

3公里啟德體育園特邀組別

Bib	Name	姓名	Official Time	Chip Time
3354	SUM LOK CHUNG ANDREW		0:17:54	0:17:44
3355	WONG CHI FAI NELSON		0:17:54	0:17:46
3356	CHONG IGNATIUS KUM KONG		0:17:54	0:17:43
3357	CHAN WO CHI FRANCIS		0:17:55	0:17:45
3358	Wu Pak Lai		0:24:49	0:24:33
3359	Wu Tze Yiu Tyler		0:24:49	0:24:34
3360	CHUNG SAI KEUNG	鍾世強	0:17:34	0:17:28
3361	CHUNG CHEUK YIU	鍾卓瑤	0:17:34	0:17:29
3362	HUI Tsz Yeung	許子洋	0:15:26	0:15:26
3363	HUI LUEN SANG	許聯生	0:14:03	0:14:02
3364	LAW Ka Chun Joseph		0:21:49	0:21:47
3370	CHAN CHI SHING ANGUS		0:17:55	0:17:45
3371	Luk Hon Man	陸瀚民	0:13:16	0:13:14
3372	John's Wife		0:22:52	0:22:52
John Sharkey	John Sharkey		0:17:38	0:17:38
何立基		何立基	0:16:02	0:16:02
姚柏良		姚柏良	0:16:04	0:16:04
蔣志豪		蔣志豪	0:14:13	0:14:13
鄧竟成		鄧竟成	0:21:23	0:21:21
鄭泳舜		鄭泳舜	0:17:13	0:17:11